

SMOMs Recipes

From a simple kid- (and mom-) friendly book with about 200 recipes for picky eaters called "One Bite Won't Kill You", written by Ann Hodgman.

Feta Avocado Dip

2 avocados, peeled, pitted and diced

1 small red onion, finely diced

1 jar chunky salsa (if very watery, drain the excess)

6-8 oz crumbled feta cheese

Layer in the above order, and refrigerate.

Before serving, mix gently and serve with tortilla chips.